

5K Time Trial Results

Overall					Category			Average
Place	Last Name	First Name	Gender	Age	Place	Time	% slower	Speed
8	FYFFE	JANE	F	49-54	1	07:32.0	5%	24.7
2	SCHNEDEKEI	CYNTHIA	F	49-54	2	09:30.0	33%	19.6
10	THOMPSON	MARGARET	F	55-59	1	07:53.0	10%	23.6
11	GRAVES	LILYNN	F	55-59	2	08:10.0	14%	22.8
18	KAHLER	SUSAN	F	55-59	3	08:35.0	20%	21.7
14	TERSEGNO	LINDA	F	55-59	4	08:46.0	23%	21.2
22	TRUHLAR	VERA	F	70-74	1	10:44.0	50%	17.3
3	GOBEN	KENT	M	49-54	1	07:46.0	9%	23.9
4	ROTH	DWIGHT	M	49-54	2	07:48.0	9%	23.8
1	NOVAK	DAN	M	49-54	3	08:05.0	13%	23.0
7	RICH	ERIC	M	55-59	1	07:09.0	0%	26.0
12	TERSEGNO	MICHAEL	M	55-59	2	07:12.0	1%	25.8
6	SOMMERS	SCOTT	M	55-59	3	07:28.0	4%	24.9
13	HOTH	GEGORY	M	55-59	4	07:39.0	7%	24.3
9	EIFERT	JOSEPH	M	55-59	5	10:38.0	49%	17.5
19	LYNDAKER	KEITH	M	60-64	1	07:13.0	1%	25.8
17	LESSARD	BRUCE	M	60-64	2	07:51.0	10%	23.7
28	FYFFE	DOUGLAS	M	60-64	3	08:02.0	12%	23.2
21	JOSEPH	STUART	M	60-64	4	08:21.0	17%	22.3
20	KABAT	LAWRENCE	M	60-64	5	08:25.0	18%	22.1
16	KIRCH	JACK	M	60-64	6	08:33.0	20%	21.8
15	MILLER	RANDY	M	60-64	7	08:43.0	22%	21.3
35	DOMINICK	CHUCK	M	65-69	1	07:40.0	7%	24.3
26	MACKIE	ANGUS	M	65-69	2	07:56.0	11%	23.4
30	THOMPSON	PHILIP	M	65-69	3	08:33.0	20%	21.8
29	HARKNESS	THOMAS	M	65-69	4	09:10.0	28%	20.3
27	PETER	MIKE	M	65-69	5	10:44.0	50%	17.3
33	GERSHMAN	BENNETT	M	70-74	1	08:26.0	18%	22.1
24	MILLER	LAWRENCE	M	70-74	2	08:46.0	23%	21.2
5	KOCHER	PAUL	M	70-74	3	09:06.0	27%	20.4
34	RASNER	ROBERT	M	70-74	4	09:13.0	29%	20.2
32	BAUERNFEIN	JOSEPH	M	75-79	1	09:28.0	32%	19.6
25	PRICE	JAMES	M	75-79	2	09:58.0	39%	18.7
23	READE	LARRY	M	75-79	3	11:43.0	64%	15.9
31	MOREY	NORM	M	80-84	1	09:38.0	35%	19.3

10K Time Trial Results

Overall	Last Name	First Name	Gender	Age	Place	Time	% slower	Speed
3	FYFFE	JANE	F	49-54	1	16:37.0	4%	22.38716148
25	SCHNEDEKER	CYNTHIA	F	49-54	2	20:35.0	29%	18.07287449
6	THOMPSON	MARGARET	F	55-59	1	17:09.0	7%	21.6909621
13	GRAVES	LILYNN	F	55-59	2	17:55.0	12%	20.7627907
16	KAHLER	SUSAN	F	55-59	3	18:40.0	17%	19.92857143
22	TERSEGNO	LINDA	F	55-59	4	19:18.0	20%	19.2746114
33	TRUHLAR	VERA	F	70-74	1	24:06.0	50%	15.43568465
7	GOBEN	KENT	M	49-54	1	17:12.0	7%	21.62790698
8	ROTH	DWIGHT	M	49-54	2	17:26.0	9%	21.33843212
14	NOVAK	DAN	M	49-54	3	17:56.0	12%	20.74349442
1	TERSEGNO	MICHAEL	M	55-59	1	16:01.0	0%	23.22580645
2	RICH	ERIC	M	55-59	2	16:17.0	2%	22.84544524
5	SOMMERS	SCOTT	M	55-59	3	17:08.0	7%	21.71206226
11	HOTH	GEGORY	M	55-59	4	17:34.0	10%	21.17647059
32	EIFERT	JOSEPH	M	55-59	5	24:00.0	50%	15.5
4	LYNDAKER	KEITH	M	60-64	1	16:37.0	4%	22.38716148
9	FYFFE	DOUGLAS	M	60-64	2	17:28.0	9%	21.29770992
10	LESSARD	BRUCE	M	60-64	3	17:31.0	9%	21.23691722
17	KABAT	LAWRENCE	M	60-64	4	18:42.0	17%	19.89304813
18	JOSEPH	STUART	M	60-64	5	18:48.0	17%	19.78723404
20	KIRCH	JACK	M	60-64	6	19:00.0	19%	19.57894737
24	MILLER	RANDY	M	60-64	7	19:47.0	24%	18.80370682
12	MACKIE	ANGUS	M	65-69	1	17:44.0	11%	20.97744361
15	DOMINICK	CHUCK	M	65-69	2	18:29.0	15%	20.12623986
19	THOMPSON	PHILIP	M	65-69	3	18:56.0	18%	19.64788732
27	HARKNESS	THOMAS	M	65-69	4	20:43.0	29%	17.95655672
31	PETER	MIKE	M	65-69	5	23:55.0	49%	15.55400697
21	GERSHMAN	BENNETT	M	70-74	1	19:03.0	19%	19.52755906
23	RASNER	ROBERT	M	70-74	2	19:40.0	23%	18.91525424
26	KOCHER	PAUL	M	70-74	3	20:42.0	29%	17.97101449
28	PRICE	JAMES	M	75-79	1	22:38.0	41%	16.4359352
29	READE	LARRY	M	75-79	2	23:35.0	47%	15.77385159
30	JOHNSON	MARTIN	M	80-84	1	23:43.0	48%	15.68517217
34	LABELLE	ROBERT	M	85-89	1	28:48.0	80%	12.91666667