

Where to Meet / What to Bring / Food / Contact Info

FLCC Young People's Bicycle Tour -- Erie Canal Central -- June 4-5, 2016

Meeting Place

We will meet in the parking lot behind the Bicycle Outfitters bike shop behind Main Street (between Erie St & King St) in Brockport at **9:00 am on Saturday morning**. Overnight parking is allowed in the parking lot. See separate sheet for a map of the parking lot and driving directions from Ithaca. It is a 2 hour 15 min trip from downtown Ithaca, so plan on leaving Ithaca no later than 6:45 am on Saturday morning. It will take a few minutes to get our bikes unloaded, camping gear settled, and take a group photo. Our goal is to start biking by 9:30 am. (FYI, there is a nearby Erie Canal Welcome Center with restrooms & water – see separate map).

What to Bring

Required: A bicycle, helmet, sleeping bag, rain gear (jacket or poncho), small duffel bag with change of clothes and toiletries and a small towel, some money for ice cream or extra snacks. A tent for you or your family is also required, although we will have a 6-person "boys tent" and a separate 6-person "girls tent" available for kids and an adult chaperone.

Optional: A swim suit, bike lock, a spare tube, a basic mess kit (cup, bowl, fork, spoon, but we will have some disposable items if you don't bring these), a small bag on your bike to carry small items (such as rain gear, money, snacks), or a small daypack or fanny pack. Avoid carrying a large backpack -- it may hurt your back and make you unstable as you bike. Consider installing a rack on your bike along with packs (panniers) to carry some of your camping gear. **Note:** the club has a large quantity of loaner bike panniers that mount to most any rear rack to help get you started -- these are suitable for both kids and adult bikes. You can use them for free during the tour, and if you would like to keep them, then you pay the club \$10 each (\$20/pair). Please let Steven Powell <sp35@cornell.edu> know if you would like a pair of loaner panniers and we can make arrangements to get them to you in advance of the trip so that you can try them out.

Note

We will have vehicles available to transport anything that you can not fit on your bike. Try to limit this to a sleeping bag, a small duffel bag, and a tent.

Food

We will provide a warm dinner on Saturday night at the campground, and cereal breakfast on Sunday morning. We will also provide lunchtime sandwiches on Saturday and Sunday. Snacks and water at rest stops on Saturday and Sunday will also be provided.

Routine Contact – before the trip

We've set up a mailing list to communicate about anything to do with the trip. This list will reach everyone who has signed up for the trip, so it's more reliable than personal lists. To post to the list, send your email to: <ypt-2016@flcycling.org>. You can also send email directly to Steven Powell <sp35@cornell.edu>.

Emergency Contact Information – during the trip

Everyone must fill out emergency contact information as part of the online [Registration Form](#). We will share cellphone numbers for the adult chaperones before the trip begins. The cellphone number for the tour director, Steven Powell, is 607-227-8421.
















Tour Cost & FLCC Membership


\$35 per person, which includes food for the weekend (lunch & dinner on Saturday, breakfast & lunch on Sunday, plus rest stop snacks both days), camping, showers & swimming at the indoor pool/waterpark at the Perinton Community Center. Also included is transportation of your camping gear and personal items from the start point to the overnight location on Saturday, and return transportation of these items back to the start on Sunday. Please note that to participate in this bike tour (and any other FLCC organized bike tour) we require everyone to be a FLCC member. Joining is easy, go to: <http://tinyurl.com/FLCCmembership>. The cost is \$12 for an individual membership, or \$15 for a family membership. These funds are used to support all of the club's activities and club insurance.

Tour Registration – 2-step process:

1. Go to the online [Registration Form](#) and enter all of the basic information about you and your family or group.
2. Go to the [Tour Announcement Page](#) and click on the button to pay via PayPal using a PayPal account or any major credit card.


Cliff St

- | | | |
|--|--|-----------------------------|
|  | 1. Head north on NY-96 N/Cliff St toward Vinegar Hill
Continue to follow NY-96 N
About 30 mins | go 24.8 mi
total 24.8 mi |
|  | 2. Turn right to stay on NY-96 N
About 19 mins | go 15.7 mi
total 40.4 mi |
|  | 3. Turn right onto County Rd 117/W River St | go 325 ft
total 40.5 mi |
|  | 4. Turn left onto Washington St
About 2 mins | go 0.3 mi
total 40.8 mi |
| | 5. Continue onto S Virginia St
About 2 mins | go 0.9 mi
total 41.7 mi |
|  | 6. Turn left onto NY-96 N/N Rd
Continue to follow NY-96 N
About 8 mins | go 6.2 mi
total 47.8 mi |
|  | 7. Slight right onto the NY-14 N ramp | go 0.3 mi
total 48.1 mi |
|  | 8. Turn right onto NY-14 N/New York State Bicycle Route 14 | go 0.2 mi
total 48.3 mi |
|  | 9. Turn left onto NY-318 W
Toll road | go 0.2 mi
total 48.5 mi |
|  | 10. Keep left at the fork, follow signs for Buffalo/Interstate 90 W and merge onto I-90 W
Toll road
About 25 mins | go 24.0 mi
total 72.4 mi |
|  | 11. Take exit 45 to merge onto I-490 W toward Rochester
Partial toll road
About 21 mins | go 20.4 mi
total 92.9 mi |
|  | 12. Take the exit onto NY-531 W toward Spencerport/Brockport
About 8 mins | go 7.9 mi
total 101 mi |
|  | 13. Turn right onto NY-36 N/Washington St | go 0.1 mi
total 101 mi |
|  | 14. Take the 1st left onto NY-31 W/Brockport Spencerport Rd
About 8 mins | go 4.7 mi
total 106 mi |
|  | 15. Turn right onto NY-19 N/Lake Rd/New York State Bicycle Route 19
Continue to follow NY-19 N/New York State Bicycle Route 19
About 2 mins | go 1.1 mi
total 107 mi |
|  | 16. Turn left onto Erie St Parking lot will be on your right
About 1 min | go 246 ft
total 107 mi |


Erie St

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

Map data ©2012 Google

Directions weren't right? Please find your route on maps.google.com and click "Report a problem" at the bottom left.

Brockport Parking & Meeting Place Detail



2016 FLCC Young People's Bicycle Tour -- Erie Canal Central -- Bicycling Route



Notes:

1. Riding will be on the Erie Canal Towpath Trail.
2. The Sunday riding will follow the exact route back to Brockport.
3. Detailed maps & cue sheets & cellphone numbers will be handed out to everyone at the starting place.



FLCC Erie Canal Bike Trip -- June 4-5, 2016 -- Cue Sheet with Rest Stops Noted -- DRAFT COPY 3/20/16

SATURDAY At Mile Marker	Action	Description	SUNDAY Return Miles
0.0	Left/Left	From the parking lot turn left onto Erie Street and a quick left onto Main Street at light.	35.3
0.2	Right	Go over the bridge (Caution: metal decking can be slippery) then turn right onto trail.	35.1
0.4	Straight	Caution -- Road Crossing --Use care & watch for posts in trail. (Holley, Fayette St)	34.9
4.9	Straight	Caution -- Road Crossing --Use care & watch for posts in trail.(Adams Basin, Wash St)	30.4
7.9	Straight	Caution -- Road Crossing --Use care & watch for posts in trail.(Spencerport, Union St) **If you need restroom, ice cream, go left across bridge to Spencerport** Abbott's Frozen Custard @ 138 S Union St, Galley Restaurant, Subway, Texas BBQ	27.4
11.2	Stop/Left	Rest Stop -- Greece Canal Park -- Go down hill on windy path to picnic tables -- Snacks and water at picnic tables -- Restrooms at bottom of hill	24.1
13.2	Left	Important -- Turn left on small trail before underpass of Long Pond Rd , follow to sidewalk, turn right at sidewalk, walk on sidewalk across bridge(do not ride on road). The sidewalk will take you across the bridge to the trail on the other side of the canal.	22.1
13.6	Right/Right	On the other side of the canal, turn right off of the sidewalk onto the small trail. When you reach the canal make another right onto the main trail.	21.7
15.5	Straight	Caution -- Busy Road Crossing -- Use care & watch for posts in trail. (Lyell Ave)	19.8
16.6	Straight	Caution -- Busy Road Crossing -- Use care & watch for posts in trail. (Buffalo Rd)	18.7
17.4	Straight	Caution -- Busy Road Crossing -- Traffic Light -- Use care & watch for post.(Chili Ave)	17.9
17.5	Straight	Caution -- Railroad Crossing -- Use care & watch for trains!	17.8
19.2	Left	Turn left and go over the cement-railed bridge to the north side of the canal.	16.1
19.4	Right	First right after bridge.	15.9
19.5	Right/Right	Right turn and go over the small bridge with the metal railings, then right after bridge.	15.8
19.5	Left	Follow the trail to the left. **Do not cross any more bridges**	15.8
19.8	Stop	Lunch Stop -- Genesee Valley Park -- Look for canopy on left before underpass -- Sandwiches, snacks, water, restrooms nearby	15.5
23.6	Straight	Canal lock & restroom/port-a-john . Follow trail under roadway after lock. Caution -- Dismount! Steps on trail. Push bike on ramp next to steps. Option -- Steps can be avoided by going left thru parking lot and cross Edgewood Ave	11.7
24.9	Straight	Canal lock & restroom/port-a-john . Follow trail under roadway after lock.	10.4
25.9	Right/Left	Follow trail signs through or around industrial complex. Rejoin trail next to canal.	9.4
26.6	Stop	Rest Stop -- Schoen Place, Pittsford -- Look for tables on left -- DISMOUNT ZONE -- Snacks and water at tables -- Restrooms nearby at bike shop, ice cream shop	8.7
26.9	Straight	DISMOUNT ZONE ends, bike riding resumes. **Ice cream shop on left across road**	8.4
32.5	Straight	Perinton Park. Restrooms on left.	2.8
33.4	Bear Right	Stay on trail next to canal. Pass under Main St, Fairport (bike shop, cafes) Caution -- Dismount! Steps on trail. Push bike on ramp next to steps. Option -- Steps can be avoided by going left thru parking lot and cross busy Main St	1.9
34.4	Bear Left	Ride up the long ramp and take the new pedestrian bridge over the canal. You are now on the Rochester, Syracuse, and Eastern Trail.	0.9
34.8	Straight	Caution -- Road Crossing--Use care & watch for posts in trail.(Pebble Hill Rd, Fairport)	0.5
35.1	Right	Turn right onto a small trail that goes through a wooded area. If you reached a busy roadway then you went too far.	0.2
35.3	Stop	Destination -- Perinton Community Center / Center Park -- We are camping near the picnic shelter just past the outdoor stage. Restrooms are in the picnic shelter. Swimming, showers, and more restrooms are up the hill in the main building. ** Important -- Do not ride bikes on the grass. Use the paved paths or walk**	0.0

